

A Whole School Policy For Physical Education

Introduction.

The school believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations.

A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavor to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

The scheme aims to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Physical education is considered as a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

Aims

- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To promote positive attitudes towards health, hygiene and fitness.
- To foster an appreciation of safe practice.
- To develop psycho-motor skills through a range of relevant movement based activities.
- To develop a sense of fair play and sportsmanship.

- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To foster an enjoyment, and positive attitude to, the subject in school.

Objectives

- Children will participate in a range of psycho-motor / movement activities in order to develop personal physical skills. (Practical attainment)
- Children will be made aware of their body in relation to others and their immediate environment and aim to promote quality of movement. (Kinaesthetics)
- Children will be made aware of simple physiological changes that occur to their bodies during exercise. (Physiology)
- Be given opportunities to develop imagination and co-operation to achieve shared goals. (Teamwork)
- Be given opportunities to develop personal characteristics like initiative, self-reliance and self discipline (Self knowledge)
- Be given opportunities to enjoy and succeed in the subject as well as be stimulated and challenged. (Problem solving)
- Be given the opportunity to develop areas of activity of their choice in extra-curricular time.
- Make full use of the facilities here to prepare a child mentally and physically for key stage 3 and beyond.

Organisation

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

Resources

The facilities for the teaching of physical education at Harmans Water are, we believe, unique. As a primary school we have access to a purpose built sports hall, a heated indoor swimming pool (with free access on specified days), two indoor halls, an outdoor adventurous activity area, hard court areas, a grassed playing field and a small wooded area (used for OA activities).

As well as superb facilities in which to teach, the school also has a well resourced PE store in both key stages, its own swimming equipment, portable football and netball goals, portable and fixed gymnastics equipment as well as many mats and benches.

Equipment is checked regularly and stock replenished as often as budget allows.

Teachers have access to equipment and literature, via the coordinator, and can always rely on advice when needed. There is also a specialist swimming teacher employed by the school.

Training

Training is always available to the staff here to ensure that standards of delivery are high. Staff here regularly attend courses offered by the county and by the TOPs programme. Specialist members of staff always aim to keep abreast of new movements and initiatives (the school was part of the pilot scheme for TOPs in the county). Local coaches are often invited in to work along side teachers and this has helped enormously to raise the standard of teaching in these sporting areas.

Planning

The Physical Education curriculum and scheme of work developed at the school covers all areas of activity outlined as statutory in the PE National Curriculum 2000. Each year group covers certain aspects of the curriculum during the child's time at the school. The current scheme of work is being updated and lesson plans are

available for the majority of curriculum areas for each year group, if required.

Assessment / Monitoring

It is now statutory (from Sept 2000) that each child leaving a key stage is given an over-all NC level in this subject. The guidelines are specified in the NC guide for teachers. The school will follow these guidelines to give a child a 'best fit' NC level at the end of each school year. A formal record of this will be kept only in years 2 + 6. The information may appear on a child's end of year report. The end of year report will also form the formative report of a child's progress, strengths and weaknesses in this subject.

The subject will be monitored and evaluated by the coordinator as outlined in school's development plan for monitoring and assessment.

Inclusion

As is stated in the NC 2000, children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCO (if applicable).

Health and Safety

Since this area now actually forms part of the new National Curriculum it is important that we understand that the safety of children in lessons is of paramount importance. A separate sheet is attached which deals specifically with health and safety guidelines for the teaching of PE. The BAALPE publication 'Safe Practice in PE' is also available to all staff.

It should be noted that, in the event of an emergency, phones are within a short distance of all PE lesson locations and First aid boxes are available from the sports hall, swimming pool and main office.

Timings

The time allocated to PE has, like all foundation subjects, been cut due to the restraints of literacy and numeracy. However, the pupils at Harmans Water still enjoy more PE time than many other schools in a week. All children from Nursery to year 6 will receive between one and two hours of PE per week depending upon whether they are swimming in that term, which demonstrates the school's commitment to a quality PE Curriculum.

Role of the Coordinator

The role of the PE Coordinator involves

- Producing a flexible scheme of work, with lesson ideas to support its implementation.
- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.

Teaching Methods

All lessons throughout the school are taught as class groups following the scheme of work. Lessons are normally taught by the class teacher, but some year groups will arrange a member of staff to teach more than one PE class. As mentioned previously, some lessons may on occasion be taught along side a sports coach. Swimming lessons are always taught by a specialist swimming teacher along with the class teacher