

P.E. Theory sheet.

1. Why are you missing P.E. Today?
2. How did the pupils warm up?
3. Why do we warm up before a P.E. Lesson?
4. How were the children grouped?
5. What did each group have to do?
6. What does _____ mean?
7. Which group did the best work? Give reasons for your choice.

Use stick men to draw some of the activities you have seen today.