Task: Pick a number from the grid, and then halve it. Write it down in a number sentence like this; $14 \div 2=7$.

Remember $\div 2$ is the same as
 halving.
 then halve it and double it. Write it down in 2 number sentences like this;
A) $90 \div 2=45,45 \times 2=90$
 $x 2$ is the same as doubling

| 100000 | 20 | 80 |  |
| :--- | :--- | :--- | :--- | :--- |
| 6000 | $\boxed{40} 0$ | 50 | 70 |

Extension:
Can you create some word problems that involve doubling and halving?

