Things we boast about.

- New clothes or possessions
- The way we act
- Our talents
- The way other people think of us
- Our friends or popularity

Boasting is when we deliberately show off about something we have achieved or got to try and make ourselves sound better than others. It is okay to be proud of our achievements, or excited about new possessions, however we need to think carefully about the way in which we show how proud we are so as not to offend others or make others feel less worth than us.