

Name \_\_\_\_\_\_\_\_\_\_\_\_\_

What’s Inside Me?

Stage 8

* Use the **contents** page**.**

|  |  |
| --- | --- |
|  | Page |
| Heart |  |
| Brain |  |
| Glossary |  |
| Lungs |  |
| Blood |  |
| Muscles |  |
| Take care of your body |  |

* Use the **index**.

|  |  |
| --- | --- |
|  | Pages |
| The skull |  |
| pollution |  |
| organs |  |
| nerves |  |
| oxygen |  |

* Use pages 3 - 4

|  |  |  |
| --- | --- | --- |
|  | True | False |
| We all look different on the outside. |  |  |
| Our bodies are different on the inside. |  |  |
| Organs and tissues help us breathe and move. |  |  |
| We all have the same organs and tissues in our bodies. |  |  |

* Use page 5 to complete the text.

|  |
| --- |
| breathe two out in back out right left |

Inside your chest there are \_\_\_\_\_\_\_\_\_\_\_\_\_ stretchy lungs that help you to \_\_\_\_\_\_\_\_\_\_\_\_\_. They stretch \_\_\_\_\_\_\_\_\_ when you breathe \_\_\_\_\_\_\_\_\_. They shrink \_\_\_\_\_\_\_\_\_ when you breathe \_\_\_\_\_\_\_\_\_\_. Your \_\_\_\_\_\_\_ lung is bigger than your \_\_\_\_\_\_\_\_\_\_\_ lung.

* Use pages 8 - 9 to complete these sentences.

Arteries carry \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Veins carry \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Use pages 13 -14

|  |  |  |
| --- | --- | --- |
|  | True | False |
| The body has over 600 muscles. |  |  |
| Muscles are all the same size. |  |  |
| The heart is not a muscle. |  |  |
| Muscles only need oxygen. |  |  |
| The more exercise you do the more fuel your muscles need. |  |  |

* Use pages 18, 19 and 20 to answer these questions.

How much does an adult brain weigh? *An adult brain weighs* \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

What protects the brain? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *protects the brain.*