

I want to explain how

To begin with / It starts by

And this makes/means/changes

After that

And as a result

Next

Then

The final result is that

There are differing explanations as to why (how, what when etc.)

One explanation is that

The evidence for this is

An alternative explanation is

This explanation is based on

Of the alternative explanations I think the most likely is

I want to explain why/how/when/what

There are several reasons for this. The chief reason is

Another reason is

A further reason is

So now you can see why/how/what