

Learning Objectives	Teaching Activities	Learning Outcomes	National Curriculum POS
<ul style="list-style-type: none"> <li>To use basic movements in sequence and to be aware of the space around them.</li> <li>To use varied movement to show different actions.</li> <li>To use movement that is in keeping with winter.</li> <li>To follow sequences with several sections</li> <li>To come up with dance routines that accompany music.</li> <li>To use contrasting actions in routines.</li> </ul>	<p>Pupils travel using different movements and return to the same spot in 16 counts. Practice using different speeds. Work with a partner to produce combination movements in 16 counts.</p> <p>Pupils to use different actions to show scenes, such as bubbles, swinging from a rope, space, etc. Pupils to make movements of a machine they can think of. Work in groups to create machines with many different sections.</p> <p>Make movements of a freezing stream, skating, snowflakes caught by the wind, snow melting, etc Work individually and in groups</p> <p>Pupils to act out sequences with several sections, E.g. Branches swaying in the wind and then going still, life cycle of a butterfly, balancing like a tightrope walker, the sun rising and setting, etc.</p> <p>Pupils to come up with dances using different types of music; classical and more modern. E.g. Holst's Planet music. Also work in pairs &amp; groups.</p> <p>Act out favourite sport, then in fast forward, rewind, slow motion, etc. Make pairs of opposite shapes, etc. Use music with fast and slow parts in.</p>	<p>Able to use varied movement at varying speeds alone or in a group.</p> <p>Able to use body movement, speed, direction and co-ordination to show and express different scenes</p> <p>Able to act out sequences individually and in pairs that remind others of winter scenes.</p> <p>Able to accurately perform tasks. Able to make the different sections of the routine different from each other.</p> <p>Able to come up with routines that match the music and beat.</p> <p>Able to come up with contrasting dance moves and act these out as required. Able to come up with a contrasting action to a command, E.g. slow</p>	<p>Throughout unit:</p> <p>1 a, b</p> <p>2 a</p> <p>3 a, b</p> <p>6 a, b</p>

