Plant Nutrition.

Plants make their own food. They use a gas in the air called carbon dioxide, water and nutrients from the soil. They take these up through their stems. These nutrients travel up the stem of the plant and reach out to the leaves.

The stem of the plant is an essential transport route. It carries water and nutrients from the roots to the leaves. The leaves then turn these into food for the rest of the plant.

The stem also supports the leaves and flowers. By growing upwards the stem helps the leaves reach the sunshine.

Words to fill in the spaces.

flowers  plant   water   food (x2)  stem(x2)
soil     sunshine