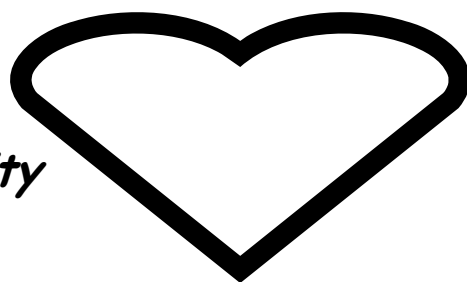


Name.....

Date.....

# Testing our pulse rate



*My pulse rate before any activity was.....*

Activity	Pulse straight after	Pulse after 2 minutes rest
Skipping		
Running		
Walking		
Bouncing a ball		

*My pulse rate after all this activity was.....*

