



# Looking after Ourselves

Name .....

What was in the bag?

What did the person who lost the bag look like?

What was the person going to do with the bag?

How could the drugs get into a person's body?

What would happen if somebody took the drugs?

What would you do if you found the bag?

## Looking after Ourselves

### Story

You and a friend are walking down the road and you find a bag of drugs draw or write what might be in the bag. (way of assessing the children's knowledge)

Now draw or describe what you think the person who has lost them looks like. (way of addressing the misconceptions about who sells drugs, i.e. it's usually a friend.

Now draw or explain what you think the person was going to do with the drugs (way of assessing whether children now that drugs are sold)

Now draw or explain how the drugs may enter a persons (users) body

Now draw what would happen if somebody took (as in ingested) the drugs (many children know they are bad but don't know why)

Now draw or describe what you would do if they found the bag. (look at taking responsibility)

From there you can discuss what other substances are drugs i.e. tobacco and alcohol. What are 'good' drugs (medicines). Why do people 'do' drugs (since alcohol is a drug why do they think people drink) Are people who take drugs bad people? Discuss the concept of addiction as it is that and anti social behaviour which are the main problems. Look at the effects drugs can have on OHP. Then it is up to you!!! Maybe a poster or a labelled diagram. Remember that this is a sensitive issue and some of the children's parents may have problems in theses areas. People who take drugs are not necessarily bad people.